## **Counselors/therapists, Psychologists and Psychiatrists**

Counselors/therapists include various types of providers – social workers, licensed clinical therapists, psychologists. These providers can help manage mood disorders, anxiety, and provide behavior strategies for conditions such ADD or disruptive/oppositional behaviors.

Psychologists generally have a broader scope than Counselors. While some may provide counselling, many do more thorough diagnostic testing and evaluations. This may include ADD testing and learning disability testing.

Psychiatrists are medical doctors. Although some may do therapy, generally, their role is prescribing medications.

For specific needs/conditions, please check out cap4kids.org for many more resources

## We have a counselor in our office, Mary Evans, LISW. She is an NCH Behavioral Health provider who does telehealth appointments and in office appointments. Referrals are made by us to NCH but scheduled by Mary.

	<b>Restrictions/special interests</b>	Counseling	Psychology/testing	Psychiatry	Phone number
NCH Behavioral Health		<ul> <li></li> </ul>	$\checkmark$	$\checkmark$	614-355-8080
New Horizons	Fairfield County	~		$\checkmark$	740-277-6733 Lancaster 614-834-1919 Pickerington
Access Ohio	All Medicaid plans	<b>&gt;</b>		$\checkmark$	614-367-7700
Sondermind	No Medicaid plans Therapist coordination service	~			844-256-8915 Sondermind.com
St. Vincent Family Services		$\checkmark$		$\checkmark$	614-252-0731
Syntero	Offers case management & parenting resources	<b>&gt;</b>			614-889-5722
Buckeye Ranch	Intensive/residential options	<b>&gt;</b>		$\checkmark$	614-384-7798
Directions for Youth		<b>&gt;</b>			614-294-2661
Practical Solutions - Rhonda Moskowitz	Parent coaching				614-459-8628
Center of Cognitive Behavioral Health		<ul> <li></li> </ul>	$\checkmark$	$\checkmark$	614-459-4490
Boundless	Intellectual/developmental disability services	~	~		800-409-2729
Lifestance Health		$\checkmark$	$\checkmark$	$\checkmark$	216-468-5000
Gahanna Counseling	Lori Baker, LISW	$\checkmark$			888-336-1772 614-342-0990
Playful Therapies	Ted Borkan, PhD	>			614-231-9495
After the Storm Counseling				~	614-783-6010

Please always check with providers as to the insurances they accept.

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	Restrictions/special interests	Counseling	Psychology/testing	Psychiatry	Phone number
Metta Psychology Group			$\checkmark$		614-705-0026
Sommer Group	Disordered eating	<ul> <li>✓</li> </ul>			614-985-5500
Beth Rosner, PhD		<ul> <li>✓</li> </ul>			614-804-3436
Worthington Psychological Assoc	Lisa McCarthy, PsyD	$\checkmark$			614-888-1800
Tawnya Foster, PsyD	Early childhood, grief	<ul> <li>✓</li> </ul>	$\checkmark$		614-947-0918
Mid-Ohio Psychological Services		~			614-751-0042 Franklin Co 740-687-0042 Fairfield Co 740-281-1777 Licking Co
Behavioral Heathcare Partners (BHP)		~		$\checkmark$	740-522-8477 Licking Co 740-397-0442 Knox Co
Emily Program	Eating Disorders only	<ul> <li>✓</li> </ul>		$\checkmark$	888-364-5977
Jacqueline Lewis-Lyons, PsyD	Interest: Sports psychology	<ul> <li>✓</li> </ul>			614-433-7040
Smarter Therapy	All virtual services	<ul> <li>✓</li> </ul>			740-913-1140
Prime Behavioral Health	Erin Bryant, LISW	~			614-833-6900 Pickerington 740-653-6500 Lancaster
Apex Counseling Service		<ul> <li>✓</li> </ul>	$\checkmark$		614-571-1090
Psychological & Counseling Services	David Miller, PhD (5yr +) John Wagner, PhD (teens)				614-863-4125 614-863-2399
North Suburban Counseling		<ul> <li>✓</li> </ul>			614-895-9998
ADDvisor.com- William Benninger, PhD	ADD only	<ul> <li>✓</li> </ul>	$\checkmark$		614-888-2343
Dr. Steven Guy and Assoc			~		614-848-9708
Colvin Psychological Services	Drs Colvin and Schwartz	~	~		614-430-9870 614-848-5154
Westerville Therapy	Sandra Webster, PhD	<ul> <li>✓</li> </ul>	$\checkmark$		614-698-6640
Anne Reckling, PsyD		<ul> <li>✓</li> </ul>	$\checkmark$		614-222-1888
Daybreak Counseling	Ed Wojniak, PhD	<ul> <li>✓</li> </ul>	$\checkmark$		614-268-3939
Psychological Health Services	Vijay Belraj, PhD	<ul> <li>✓</li> </ul>	$\checkmark$		614-430-9697
Dr. Haley Brickman			$\checkmark$		614-515-2663
Alkire Creek Psychiatry	Jorden Weiss, DO	<ul> <li>✓</li> </ul>		~	614-818-0101
Northwoods Clinic		<ul> <li>✓</li> </ul>		V Dale Richards, DO	614-841-9763
Central Ohio Counseling		<ul> <li>✓</li> </ul>		✓	614-785-1115

Forum Ohio			$\checkmark$	614-636-4779
Mt Carmel Hospice & Evergreen Center	Grief	~		614-234-0200