## LACTATION SPECIALISTS AND BREASTFEEDING ASSISTANCE:

These are some of the lactation specialists we recommend. Please make sure the facility or individual you choose to see is covered by your insurance.

Does your insurance company require a referral or pre-authorization from your primary care doctor before you see the specialist? If so, you need to call us with the specific appointment date and time, after you have scheduled your appointment with the specialist.

If your insurance company requires a referral/pre-authorization but you fail to notify us in advance, the insurance company may refuse to pay for the visit. You must give our office at least 3 working days to process the paperwork. Do not call us for a referral the day of the appointment or after the appointment has occurred. In those cases your insurance company might hold you responsible for the cost of the visit. We are authorized by our contracts with the insurance companies to approve only those referrals that we have initiated in discussion with you.

Mt. Carmel East, Mt. Carmel West, and Mt. Carmel St. Ann lactation specialist - 614-234-6455

Mt. Carmel Breastfeeding hotline: 614-234-6455

OSU Breastfeeding Assistance Program – 614-293-8910

Ohio Health Breastfeeding Assistance and Hotlines:

- Grant Medical Center 614-566-9008
- Grady Memorial Hospital 614-615-2116
- O'Bleness Hospital 740-592-9364
- Women's Center at Riverside 614-566-3434
- Dublin Methodist Hospital 614-544-8488
- Doctor's Hospital 614-544-2111

Stacy Notestine, RN, BSN, IBCLC, Lactation Specialist – 740-438-2032 www.babysbestbeginning.com

- Home visits
- Private consultations at Step by Step (Westerville) or at Stacy's office in German Village