



Building Blocks Pediatrics  
 8050 E. Main Street  
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## Counseling/Therapy, Psychology, + Psychiatry Referral List

**Counselors/Therapists** include various types of providers - social workers, licensed clinical therapists, psychologists. These providers can help manage mood disorders, anxiety, and provide behavior strategies for conditions such as ADD or disruptive/oppositional behaviors.

**Psychologists** generally have a broader scope than Counselors. While some may provide counseling, many do more thorough diagnostic testing and evaluations. This may include ADD testing and learning disability testing.

**Psychiatrists** are medical doctors. Although some may do therapy, generally, their role is prescribing medications.

For specific needs/conditions, please check out [cap4kids.org](http://cap4kids.org) for many more resources.

**We have a counselor in our office, Mary Evans, LISW. She is an NCH Behavioral Health provider who does telehealth appointments and in office appointments. Referrals are made by use to NCH but scheduled by Mary.**

Please always check with providers as to the insurances they accept.

Practice/Provider	Restriction/Special Interest	Counseling	Psychology/Testing	Psychiatry	Scheduling Contact
NCH Behavioral Health		X	X	X	614-355-8080
New Horizons	Fairfield County	X		X	Lancaster: 740-277-6733 Pickerington: 614-834-1919
Access Ohio	All Medicaid Plans	X		X	614-367-7700
Sondermind	No Medicaid Plans Therapist Coordination Service	X			844-256-8915 sondermind.com
St. Vincent Family Services		X		X	614-252-0731
Syntero	Offers Case Management + Parenting Resources	X			614-889-5722
Buckeye Ranch	Intensive/Residential Options	X		X	614-384-7798
Directions for Youth		X			614-294-2661
Practical Solutions - Rhonda Moskowitz	Parent Coaching				614-459-8628

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Center of Cognitive Behavioral Health		X	X	X	614-459-4490
Boundless	Intellectual/Developmental Disability Services	X	X		800-409-2729
Lifestance Health		X	X	X	216-468-5000
Gahanna Counseling	Lori Baker, LISW	X			888-336-1772 614-342-0990
Playful Therapies	Ted Borkan, PhD	X			614-231-9495
After the Storm Counseling				X	614-783-6010
Metta Psychology Group		X	X		614-705-0026
Sommer Group	Disordered Eating	X			614-985-5500
Beth Rosner, PhD		X			614-804-3436
Worthington Psychological Assoc.	Lisa McCarthy, PsyD	X			614-888-1800
Tawnya Foster, PsyD	Early Childhood, Grief	X	X		614-947-0918
Mid-Ohio Psychological Services		X			Franklin Co: 614-751-0042 Fairfield Co: 740-687-0042 Licking Co: 740-281-1777
Behavioral Healthcare Partners (BHP)		X		X	Licking Co: 740-522-8477 Knox Co: 740-397-0442
Emily Program	Eating Disorders Only	X		X	888-364-5977
Jacqueline Lewis-Lyons, PsyD	Interest: Sports Psychology	X			614-433-7040
Smarter Therapy	All Virtual Services	X			740-913-1140
Prime Behavioral Health	Erin Bryant, LISW	X			Lancaster: 740-653-6500 Pickerington: 614-833-6900
Apex Counseling Service		X	X		614-571-1090
Psychological + Counseling Services	David Miller, PhD (5 yr+) John Wagner, PhD (teens)				614-863-4125 614-863-2399
North Suburban Counseling		X			614-895-9998
ADDvisor.com - William Benninger, PhD	ADD Only	X	X		614-888-2343
Dr. Steven Guy + Assoc.			X		614-848-9708
Colvin Psychological Services	Dr. Andrew Colvin Dr. Cheryl Colvin Dr. Schwartz	X	X		614-430-9870 614-848-5154

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Westerville Therapy	Sandra Webster, PhD	X	X		614-698-6640
Anne Reckling, PsyD		X	X		614-222-1888
Daybreak Counseling	Ed Wojniak, PhD	X	X		614-268-3939
Psychological Health Services	Vijay Belraj, PhD	X	X		614-430-9697
Alkire Creek Psychiatry	Jorden Weiss, DO	X		X	614-818-0101
Northwoods Clinic		X		X Dale Richards	
Central Ohio Counseling		X		X	614-785-1115
Forum Ohio			X		614-636-4779
Mt Carmel Hospice + Evergreen Center	Grief	X			614-234-0200
Well Within Psychiatry				X	614-392-5933
WCAP (We Care About People) Counsel.	Alcohol/Substance Use	X			614-239-9965
Columbus Springs Changes	Addiction				Pickerington: 614-962-6488 Dublin: 614-652-3998
Mid Ohio Psychiatry	Behavioral and Mental Health	X		X	614-323-4339