



Building Blocks Pediatrics  
8050 E. Main Street  
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## Weight Management Referral List

These are some of the weight management programs we recommend. Please make sure this service is covered by your insurance. Does your insurance company require a referral or pre-authorization from your primary care doctor before you see the specialist? If so, you need to call us with the specific appointment date and time, after you have scheduled your appointment with the specialist. If your insurance company requires a referral/pre-authorization but you fail to notify us in advance, the insurance company may refuse to pay for the visit. You must give our office at least 3 working days to process the paperwork. Do not call us for a referral the day of the appointment or after the appointment has occurred. In those cases your insurance company might hold you responsible for the cost of the visit.

We are authorized by our contracts with the insurance companies to approve only those referrals that we have initiated in discussion with you.

Practice/Provider	Address	Scheduling Contact
NCH Medical Weight Management Program	Center for Healthy Weight + Nutrition 380 Butterfly Gardens Dr Columbus, OH 43215	614-722-4824